

# NACC Personal Support Worker (PSW) 2022

**The Personal Support Worker program at triOS is 31 weeks. It includes a 12-week clinical placement.** The PSW program at triOS enables you to develop the clinical and administrative skills required to provide personal support services to patients and their families, clients, and residents in the community, at home, in hospitals or in long-term care facilities.

In this program, students will benefit from a variety of workshops and training including Gentle Persuasive Approach (GPA), Intramuscular/Subcutaneous Insulin Administration (IM/SQ), and CPR (HCP - Healthcare Provider Level / BLS - Basic Life Support) / First Aid Training.

### **Program Benefits**

- Supervised Clinical Placements
- Half Day Classes
- Job Placement Assistance
- CPR (HCP-Healthcare Provider Level / BLS-Basic Life Support) / First Aid Training
- Gentle Persuasive Approach Course
- Intramuscular/Subcutaneous Insulin Administration Workshop
- National Association of Career Colleges (NACC) curriculum that maps to the Ontario provincialapproved training standard

### Here's a look at some of the courses included in this program:

### **PSW Fundamentals**

PSW Foundations, Safety and Mobility, Body Systems

You will learn about the PSW role and scope of responsibilities, safety as it relates to both the client and the worker, as well as the basics of anatomy and physiology.

#### **PSW Theory**

Assisting with Personal Hygiene, Abuse & Neglect, Household Management, Nutrition and Hydration, Care Planning Restorative Care, Documentation, Working in the Community

Learn about personal hygiene as it relates to personal safety, self-esteem and dignity, concepts of family violence and abuse, assisting clients with their nutritional needs and household activities. With specific focus on supporting clients to relearn/regain routine abilities.



### **PSW Theory Continued**

Assisting with the Family, Growth and Development, the Dying Person, Medications, Cognitive and Mental Health Issues and Brain Injuries, Health Conditions

Concept of dying as a part of life and the possible impact of life-threatening illness on clients and their families. Understanding PSW's role in assisting with medications, introduction to common psychiatric conditions, substance abuse, cognitive impairment, and brain injuries. Concepts of assistance as they relate to the general effects.

### Workshops & Training

**Gentle Persuasive Approach (GPA)** designed to train healthcare workers in techniques used to effectively provide client centered dementia care

Intramuscular/Subcutaneous Insulin Administration (IM/SQ) designed to prepare students with a background in the healthcare profession to develop the knowledge, skills, and attitudes necessary to perform IM/SQ Insulin injection procedures

CPR (HCP - Healthcare Provider Level / BLS - Basic Life Support) / First Aid Training.

### **Employment and Wage Outlook for Careers in this field:**



Employment Rate based on 2021 contactable triOS graduates employed in a related field within 12 months. Source: workingincanada.gc.ca

NOC Code: 4412/44101, 3413/33102 - \*\*Wage data based on NOC Code 3413 and rounded down to the nearest dollar. Average wage doesn't reflect the starting salary but represents the middle value between lowest to highest wages. Local (or regional) income may vary. Last updated in Jan 2024.

### **Career Opportunities**

Patient Care Attendant

Personal Care Attendant

Home Support Worker

Unit Aide

**Private Caregiver** 

### **Employers Who Have Hired triOS Grads**





#### Some Other Employers Include:

- Extendicare
- Sprucedale Care Centre
- Burton Manor
- Strathmere Lodge LTC
- Sienna Senior Living
- Greenway Retirement Residence

"Study and learning at triOS was an excellent experience. It helped me open up into new opportunities and lead me into a great career. My experience in this school is well worth it!"

-Roberto B., triOS College Personal Support Worker Graduate



1-877-550-1160



## NACC Personal Support Worker 2022

NOC Code: 3413/33102

Student Success Strategies Career Management	2 Weeks
PSW Foundations Safety & Mobility Body Systems	5 Weeks
Assisting with Personal Hygiene Abuse & Neglect Household Management, Nutrition and Hydration Care Planning Restorative Care, Documentation, Working in the Community Assisting the Family, Growth and Development Assisting the Dying Person Assisting with Medications Cognitive and Mental Health Issues and Brain Injuries Health Conditions Gentle Persuasive Approaches in Dementia Care	11 Weeks
Standard First Aid/CPR (HCP–Healthcare Provider Level / BLS-Basic Life Support)	1 Week
Clinical Placement (Facility) Clinical Placement (Community)	12 Weeks

### Program highlights include:

- Registered and Approved NACC Certificate
- Industry-Relevant Workshops
- Career Services
- Job Search Assistance
- Alumni Program Benefits

### **Admission Requirements:**

1. Student has an Ontario Secondary School Diploma or equivalent, OR

Is 18 years of age or older on or before the program begins AND can pass a qualifying test that has been approved by the Superintendent. \*

- 2. The approved qualifying test for this program is the Wonderlic test. A passing score for this program is 11.
- 3. Student must provide a Clear Medical Certificate within 45 days of the commencement of study.
- 4. Student must provide a clear Vulnerable Sector Check within 45 days of the commencement of study.
- 5. If English is not a student's first language, they must provide proof of English competency. English Language Proficiency Requirements are ONE of the following:
  - IELTS Int'l English Language Testing Services Minimum score of 5.5 with no subject test score lower than 5.5
  - TOEFL Test of English as a Foreign Language Internet based test (IBT) Overall 80 with the minimum in each component: Reading 20; Listening 20; Speaking 20; Writing 20
  - CAEL: Overall 60 No section below 60
  - Canadian English Language Proficiency Index Program (CELPIP) General with a score of 7 (no section score below)
  - Canadian Language Benchmark Tests with a score of 7 in each strand (not an average of 7)
  - Duolingo English Test with a minimum score of 95
  - Pearson PTE Academic with a minimum score of 46
  - NACC Written Entrance Exam (passing score of 60)
  - Evidence of successful completion of 2 consecutive years of full-time equivalent post-secondary study in English at a Canadian institution
  - Evidence of successful completion of 2 consecutive years of full-time equivalent post-secondary study in English at an institution outside of Canada

\*Applicants from other Canadian provinces must be at least 19 years of age and a minimum of 1 year out of high school by the program start date and successfully pass an academic achievement test.

Please contact us for more detail regarding admissions requirements for international students.

### **Accreditation Policy:**

Like all post-secondary institutions in Ontario, triOS College reserves the right to accept or deny advanced standing into its programs.

### Note:

In order to continuously improve our programs, triOS College reserves the right to modify programs at any time. Program delivery order may vary depending on the program start date. This certificate program may not be available at all campuses. The program may have additional reading weeks, depending on the start date.

You can find our Key Performance Indicators (graduation rate, employment rate, etc.) at <u>www.triOS.com/kpi.</u>

These are statistics from 2018.



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  - CAEL: Overall 60 No section below 60
  - Canadian English Language Proficiency Index Program (CELPIP) General with a score of 7 (no section score below 6)
  - Canadian Language Benchmark Tests with a score of 7 in each strand (not an average of 7)
  - Duolingo English Test with a minimum score of 95
  - Pearson PTE Academic with a minimum score of 46
  - NACC Written Entrance Exam (passing score of 60)
  - Evidence of successful completion of 2 consecutive years of full-time equivalent post-secondary study in English at a Canadian institution
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